

Autographs



My cabin mates were: _____

My favourite activity was: _____



I saw: _____

The funniest thing was: _____

The best meal was: _____



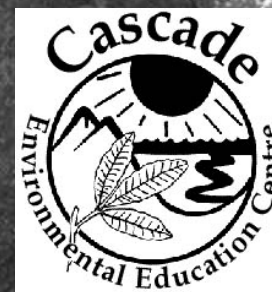
I learned: _____



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CASCADE ENVIRONMENTAL EDUCATION CENTRE
New South Wales Department of Education and Training

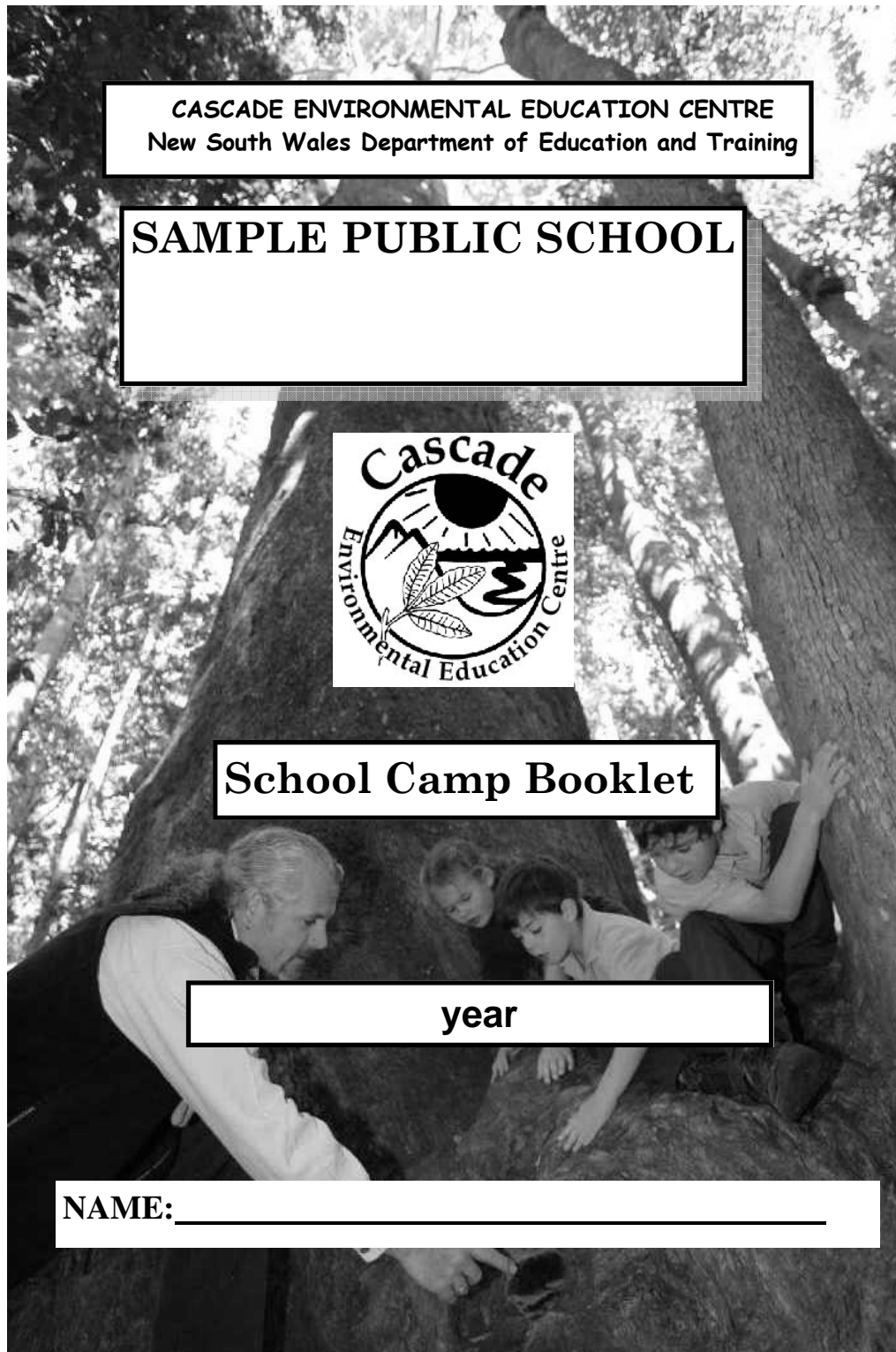
SAMPLE PUBLIC SCHOOL



School Camp Booklet

year

NAME: _____



CASCADE EEC Camp Contract

I promise that I will be a good representative of my school and a good camper by:

- Respecting the rights and property of others.
- Moving quietly and sensibly around the camp.
- Listening attentively to teachers and other adults.
- Behaving sensibly in the coach and at the camp.
- Completing all tasks to the best of my ability.

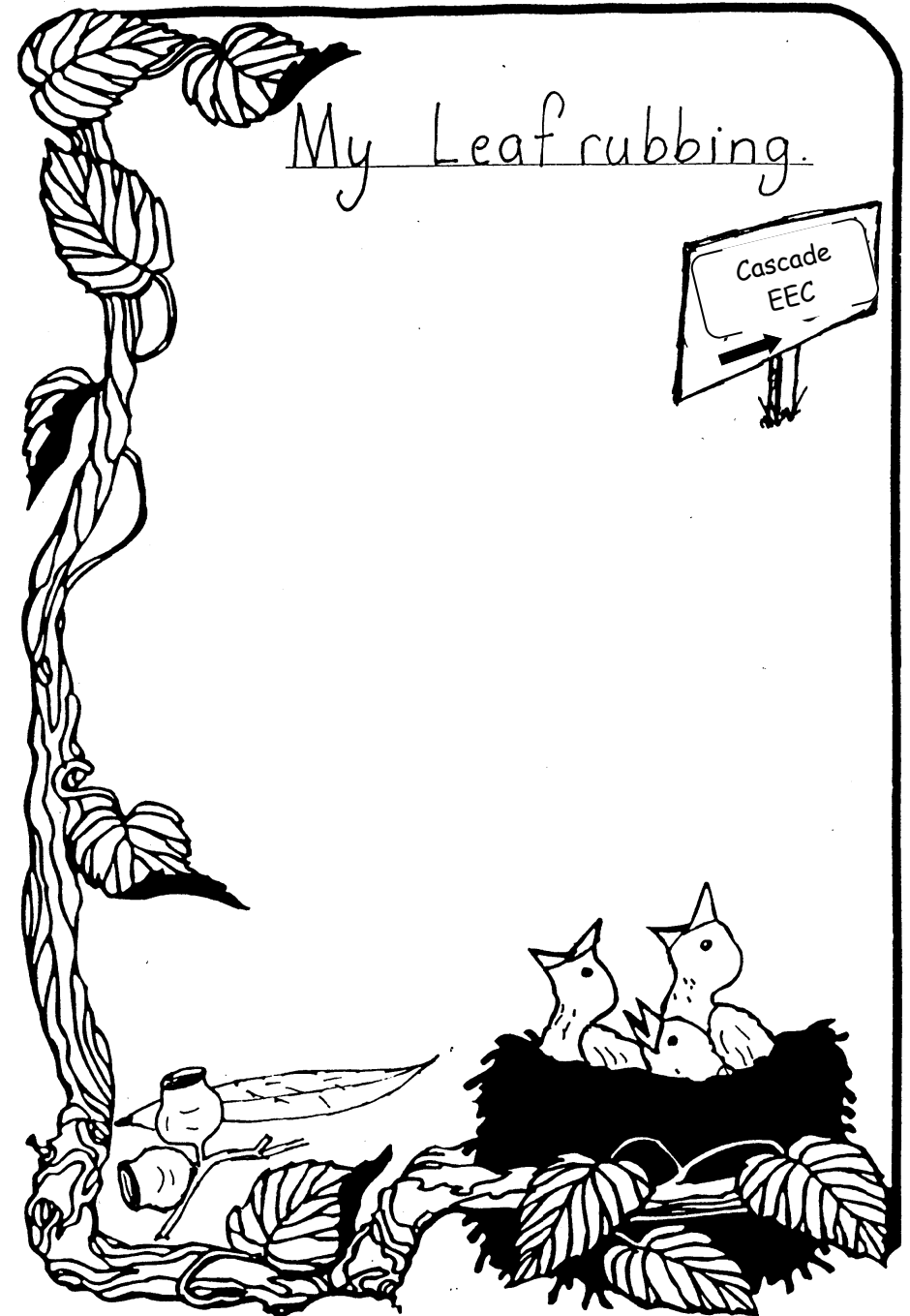
I Understand That I Must:

- Wear shoes at all times.
- Not leave the area without the teachers permission.
- Take care of my own personal possessions and keep my bed and tent clean at all times.
- Stay with my group during all activities.
- Keep away from rock ledges, cliff faces and roads.
- Not throw stones or other articles at any time.

I understand that if I do not keep this contract I may be asked to leave the camp and my parents/guardians be asked to come and pick me up.

By doing these things I am contributing to my learning and the success of the camp.

Signed _____ Date: _____



Team Building Activities—Journal



Low Rope Course—Pre course training.

I felt _____ during the pre course training.

My team members were:

During the ropes Course. How did you feel you were supporting your team members during the low ropes? _____

How were you supported during the low ropes? _____

Senses Track. My partner was _____

During the Senses track I felt like I _____

_____.

Group Problem Solving Activities

My team members were: _____

The most difficult activity was _____

What did you group do to solve this problem? _____

Cascade EEC Camp Requirements

1. Lunch and morning tea for Day 1.
2. Sleeping Bag and Pillow.
3. Clothing: Enough old clothing for camp period.
 - Shoes / Sneakers **NO OPEN TOED FOOTWEAR.**
 - Jumper
 - Raincoat (Spray Jackets/parkas are not waterproof)
 - Beanie and Gloves.
 - Sun Safe Hat.
 - Underwear
 - Pyjamas
4. Toiletries (**We are on tank water so 3 minute showers please**)
 - Soap
 - Towel
 - Toothpaste and Toothbrush
 - Hair Comp/Brush.
5. Other
 - 1 plastic garbage bag
 - Torch
 - Camera
 - Insect repellent
 - This camp booklet
 - Pencil case with Pens, pencils and coloured pencils
 - Ruler
 - Scribble paper
 - Clipboard
 - Drink bottle—Enviro Tip! Re-use a soft drink bottle.
 - Back Pack or 'bum bag'
6. **DO NOT BRING:**
 - Radios
 - Valuables
 - Lollies and Drinks
 - Excessive clothing
7. **DO BRING LOTS OF ENERGY AND ENTHUSIASM**

Bugs in the Water

Water mite 4mm Tadpole 12-35mm Dobsonfly larva 55mm Fairy shrimp 30mm Caddisfly larva 20mm Whirligig beetle 12mm Backswimmer 15mm Water flea 8mm Cyclops 4mm Midge larva 12-14mm Leech 100mm Pond snail (reverse spiral) 25mm Damselfly nymph 30mm Water scorpion 50mm Ostracod 6mm Water strider 8-12mm Mosquito larva 12mm Mosquito pupa 12mm Planarian 15mm Yabby 200mm Lesser water boatman 15mm Stonely nymph 30mm Water tiger 30mm Pygmy perch 50mm Freshwater mussel 50mm Dragonfly nymph 40mm Galaxias 120mm	<p>The total number of freshwater animals found = _____</p> <p>The number of different freshwater animals found = _____</p>
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Day 3 _____

Camp Diary

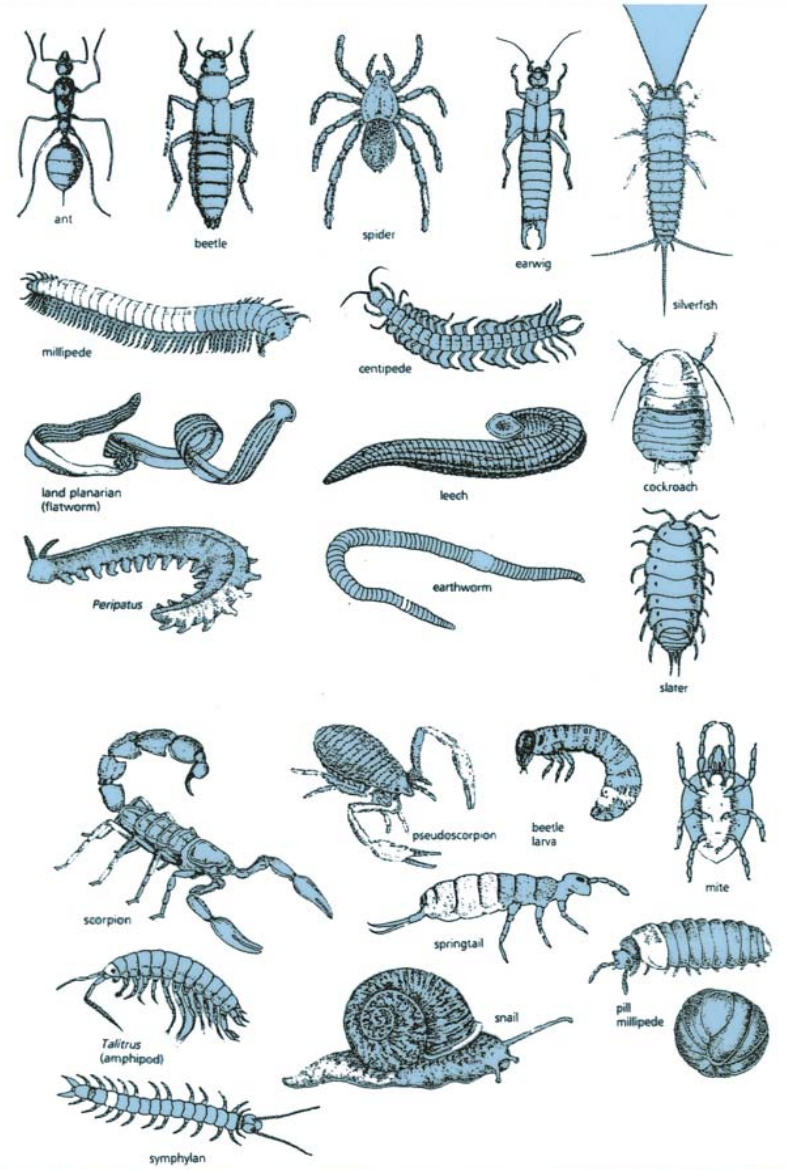


Day 1 _____

Day 2 _____



Bugs in the Bush





MAKING A
**SOUND
MAP**

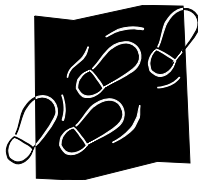
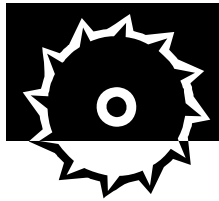


Find a spot by yourself. Mark your spot by placing an X in the centre of this page.
Be really still and quiet. Draw the sounds on your map. Use a symbol to describe the sound.
LISTEN TO THE SOUNDS OF NATURE AROUND YOU.
Close sounds will be near your X and distant sounds will be near the edge of your paper.

History of Cascade

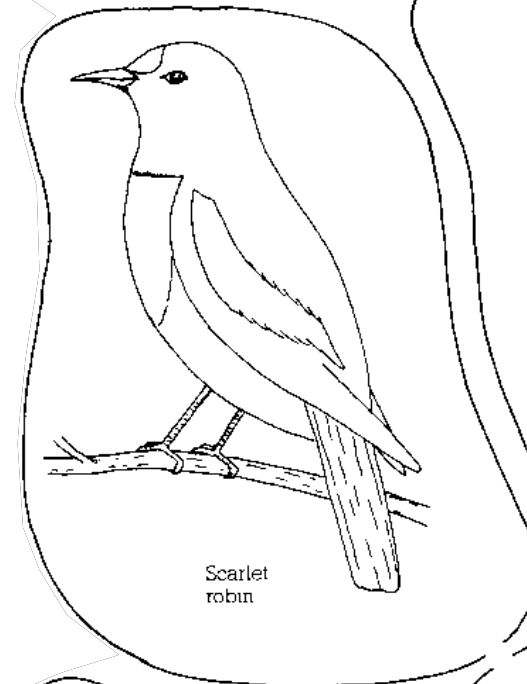


Artefacts Dig

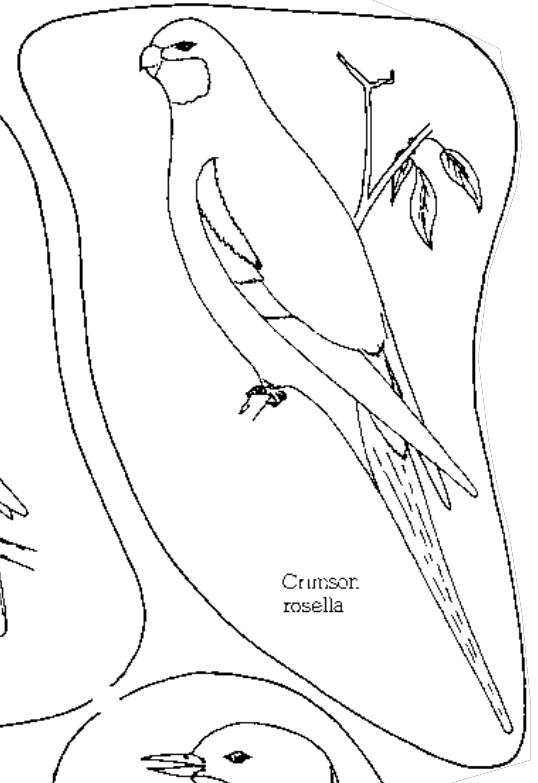


Colouring competition

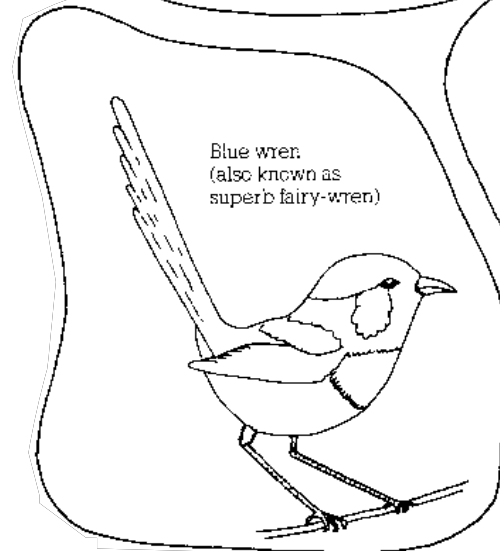
Take care to colour the birds accurately.



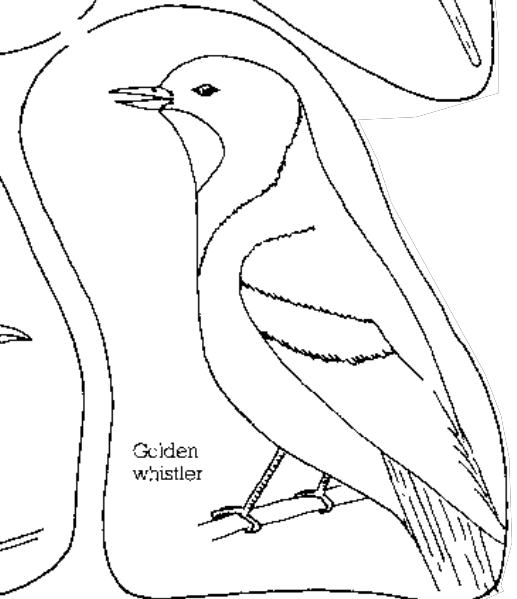
Scarlet robin



Crimson rosella



Blue wren
(also known as superb fairy-wren)



Golden whistler